

## Veteran 50 Men Club Records

Event	Performance	Athlete	Venue	Date
60m	8.5	Jock Jardine		24/03/1993
60m Indoor	8.43	Brian Ariss M60		27/02/1999
100m	12.6	Dave Sparshatt		27/04/1998
		Nick Grocock	Portsmouth	27/04/2015
150m	20.9	Mike Lloyd		17/03/1999
200m	25.9	Dave Sparshatt		26/06/1995
		Nick Grocock	Aldershot	06/07/2015
200m Indoor	27.59	Brian Ariss M60		27/02/1999
300m	44.0	Mike Lloyd		17/03/1999
400m	57.50	Nick Grocock	Birmingham	25/07/2015
600m	01:44.2	Dave Symmonds		22/03/2015
800m	02:11.8	Malcolm Renyard		05/09/1999
1000m	03:49.2	Roger Spiers M60		22/03/2000
1500m	04:28.5	Rod Churcher		21/06/1993
1 Mile	06:21.8	Mike Coleman		29/08/1993
3000m	09:42.3	Brian Millo		04/09/1994
5000m	16:38.6	Brian Millo		03/05/1993
10000m	34:26.7	Brian Millo		14/09/1994
100mH 3'	12:00.0	Alan Cronin		10/07/1998
110mH 3'6"	24.1	Pete Spencer		03/06/1995
1500m S/C	06:24.9	Mike Coleman		15/07/1992
3000m S/C	11:14.5	Brian Millo		24/05/1993
2000m W	09:55.9	David Watson		15/07/1992
3000m W	15:12.9	David Watson		10/06/1992
10000m W	58:08.0	Roger Osgood		07/03/1994
SP 6k	11.25	Michael Ferne		06/09/1998
SP 6.25k	10.06	Alan Cronin		26/04/1999
SP 7.26k	9.92	Mark Scarborough	Portsmouth	16/04/2011
JT 700g	29.31	Mark Scarborough	Winchester	12/05/2014
JT 800g	38.34	Alan Cronin		07/07/1997
HT 6k	36.94	Stan Robinson		08/09/1991
HT 6.25k	29.92	Peter Jefferies		09/08/1996
HT 7.26k	23.78	Mark Scarborough	Portsmouth	29/04/2013
DT 1.5k	42.50	Michael Ferne		06/09/1998
DT 2k	28.66	Peter Jefferies		25/07/1996
LJ	4.84	Malcolm Renyard		01/09/1996
TJ	10.46	Malcolm Renyard		20/07/1998
HJ	1.55	Mike Lloyd		26/04/1999
PV	2.50	Stan Robinson		15/07/1992