

Veteran 45 Men Club Records

Event	Performance	Athlete	Venue	Date
60m	8.2	Nigel Gordon-Rae		24/03/1993
60m Indoor	8.43	Brian Ariss M60		27/02/1999
100m	12.5	Dave Sparshatt		04/09/1994
		Mike Lloyd		25/08/1996
150m	18.1	Dave Sparshatt		20/03/1991
200m	25.4	Dave Sparshatt		04/09/1994
200m Indoor	27.59	Brian Ariss M60		27/02/1999
300m	41.4	Mike Lloyd		01/01/1995
400m	57.4	Dave Sparshatt		26/04/1992
600m	01:42.6	Mike Lloyd		17/09/1995
800m	02:10.6	Neil Hotson		17/05/1999
1000m	03:49.2	Roger Spiers M60		22/03/2000
1500m	04:25.4	Neil Hotson		19/06/2000
1 Mile	06:21.8	Mike Coleman M50		29/08/1993
3000m	09:15.1	Bill Bailey		20/07/1998
5000m	16:38.6	Brian Millo M50		03/05/1993
10000m	34:26.7	Brian Millo M50		14/09/1994
110mH 3'6"	20.4	Steve Gallaway		01/05/1999
110mH 3'3"	19.9	Pete Spencer		04/09/1994
400mH 3'	65.6	Steve Gallaway		03/06/2000
1500m S/C	04:50.4	Steve Gallaway		27/06/2000
2000m S/C	07:11.4	Steve Gallaway		06/09/1998
3000m S/C	10:40.9	Steve Gallaway		09/05/1999
1 Mile W	07:51.5	Chris Warren		17/03/1999
2000m W	09:18.6	Chris Warren		20/07/1998
3000m W	15:12.9	David Watson M50		10/06/1992
10000m W	58:08.0	Roger Osgood M50		07/03/1994
SP 7.26k	10.65	Michael Ferne		28/04/1997
JT 800g	47.26	Jimmy Green		07/07/1997
HT 7.26k	31.40	Nigel Gordon-Rae		21/06/1993
DT 2k	32.22	Peter Jefferies		05/05/1991
LJ	5.03	Mike Lloyd		25/08/1996
TJ	10.87	Brian Ariss		22/05/2000
HJ	1.60	Mike Lloyd		17/08/1996
PV	2.60	Steve Gallaway		06/09/1998
Pentathlon	2155	Steve Gallaway		03/05/1999
Decathlon	3412	Mike Lloyd		16/06/1996