

Veteran 45 Women Club Records

Event	Performance	Athlete	Venue	Date
80m	12.5	Kim Howarth		29/08/1999
100m	14.1	Tandy Bloomfield W50		27/04/1998
200m	28.8	Tandy Bloomfield W50		07/07/1997
400m	70.1	Tandy Bloomfield W50		16/06/1997
800m	02:48.0	Marilyn Crocker		15/07/1996
1500m	05:20.5	Nuala Atkey		12/06/1995
3000m	11:02.0	Nuala Atkey		27/04/1996
5000m	19:31.0	Nuala Atkey		07/07/1997
400mH	110.9	Marilyn Crocker		05/05/1997
1500m S/C	06:35.3	Marilyn Crocker		02/07/1996
2000m W	12:19.1	Stella Western		26/04/1999
3000m W	20:44.0	Stella Western		08/06/1998
DT 1k	25.38	Chris Strode W55	Portsmouth	04/07/2011
JT 600g	18.85	Karen Currow		10/06/2013
SP 4k	9.92	Karen Currow		13/05/2013
HT 4k	15.18	Vicki Spencer		29/04/2013
LJ	3.87	Kim Howarth		05/07/1999
TJ	8.48	Kim Howarth		05/09/1999
HJ	1.20	Iris Mitchell W55		24/06/1996
PV	1.10	Iris Mitchell W55		05/05/1997