

Veteran 40 Men Club Records

Event	Performance	Athlete	Venue	Date
60m Indoor	7.5	Dave Sparshatt		16/03/1987
100m	11.7	Dave Sparshatt		16/04/1986
150m	18.0	Dave Sparshatt		15/03/1989
200m	23.5	Dave Sparshatt		25/07/1987
200m Indoor	27.59	Brian Ariss M60		27/02/1999
300m	38.1	Dave Sparshatt		18/03/1987
400m	52.1	Dave Sparshatt		11/07/1987
600m	01:42.6	Mike Lloyd M45		17/09/1995
800m	02:03.0	Phil Jeffs		24/07/2000
1000m	03:48.9	Jo Dyer M45		13/09/2014
1500m	04:19.3	Neil Hotson		01/01/1995
1 Mile	04:54.1	Ken Griffiths		30/08/1992
3000m	08:53.4	Bill Bailey		07/07/1998
5000m	15:45.7	Bill Bailey		06/06/1998
10000m	33:53.8	Alan Ive		09/09/1992
110mH 3'6"	17.5	Brian Coates		16/06/1991
110mH 3'3"	16.4	Brian Coates		04/09/1994
400mH 3'	62.0	Brian Coates		04/05/1991
1500m S/C	04:50.4	Steve Gallaway M45		27/06/2000
2000m S/C	06:57.4	Simon Gill	Brighton	18/08/2018
3000m S/C	10:40.4	Steve Gallaway M45		09/05/1999
1 Mile W	07:51.5	Chris Warren M45		17/03/1999
2000m W	09:18.6	Chris Warren M45		20/07/1998
3000m W	15:12.9	David Watson M50		10/06/1992
10000m W	58:08.0	Roger Osgood M50		07/03/1994
SP 7.26k	12.01	Greg Madigan		22/06/1998
JT 800g	47.26	Jimmy Green M45		07/07/1997
HT 7.26k	41.74	Stan Robinson		07/06/1980
DT 2k	37.04	Greg Madigan		18/05/1998
LJ	5.40	Peter James		11/05/1992
TJ	11.44	Brian Coates		16/06/1991
HJ	1.60	Mike Lloyd M45		17/08/1996
PV	2.90	Peter James		08/09/1991
Pentathlon	2657	Brian Coates		16/06/1991
Decathlon	3412	Mike Lloyd M45		16/06/1996