

Veteran 55 Women Club Records

Event	Performance	Athlete	Venue	Date
100m	16.6	Amanda Godfrey	Winchester	24/04/2017
200m	35.2	Amanda Godfrey	Portsmouth	22/05/2017
400m	94.9	Judy Rowntree		10/06/1991
800m	02:57.5	Amanda Godfrey	Winchester	20/05/2019
1500m	06:20.1	Claire Hall W60		18/04/2011
3000m	14:18.8	Judy Rowntree W60		17/05/1999
5000m	21:57.2	Judy Rowntree		24/06/1991
80mH	24.1	Iris Mitchell		05/05/1997
2000m W	14:18.5	Daphne Hart W60		05/07/1993
DT 1k	23.06	Chris Strode	Aldershot	06/07/2015
JT 400g	17.2	Iris Mitchell		18/05/1998
JT 500g	16.66	Lyn Lintern	Basingstoke	09/06/2014
JT 600g	13.71	Vicki Spencer	Poole	16/06/2019
SP 3k	6.72	Iris Mitchell		05/07/1999
SP 3.25k	6.61	Iris Mitchell		06/05/1996
HT 3k	29.96	Chris Strode	Portsmouth	27/04/2015
HT 3.25k	22.40	Iris Mitchell		30/07/1996
LJ	3.41	Iris Mitchell		25/08/1996
TJ	7.77	Amanda Godfrey	Portsmouth	29/04/2019
HJ	1.20	Iris Mitchell		24/06/1996
PV	1.10	Iris Mitchell		05/05/1997