

Pos	Race No	Name	Time	Category	Cat Pos	Gender	Club
1	175	James Baker	00:15:57	VM45	1	Male	Chichester Runners & A.C
2	6	Thomas Beasley	00:15:59	U20M	1	Male	
3	155	Oliver Priston	00:16:25	U20M	2	Male	Havant AC
4	154	Oscar Tipping	00:16:26	U20M	3	Male	Havant AC
5	169	Tom Epton	00:16:36	SM	1	Male	
6	167	Jordan Winbourne	00:16:40	SM	2	Male	Southampton AC
7	162	Shaun Brown	00:16:49	VM35	1	Male	Romsey Road Runners
8	190	Tom Williams	00:16:52	U20M	4	Male	Havant AC
9	163	Michael Stone	00:16:58	VM35	2	Male	Andover AC
10	13	Thomas Caffyn	00:17:04	SM	3	Male	Run Academy Worthing
11	178	Tristram Murdoch	00:17:05	VM35	3	Male	
12	186	Danny Mackney	00:17:07	VM35	4	Male	Croxtons run club
13	120	Paul Mitchinson	00:17:19	VM40	1	Male	Havant AC
14	166	Tim Bramly	00:17:22	SM	4	Male	Portsmouth Joggers
15	74	Carwyn Owen	00:17:25	SM	5	Male	
16	170	Niall Simmonds	00:17:29	SM	6	Male	Southampton AC
17	106	Sarah Winstone	00:17:36	VW35	1	Female	Southampton Athletic Club
18	203	Jon Grave	00:17:40	VM40	2	Male	Inspire Runners Chichester
19	1	Simon Avery	00:17:44	U15B	1	Male	Olympia
20	44	Jack Ingleby	00:17:58	U17B	1	Male	City of Portsmouth Athletics Club
21	62	Andrew Meredith	00:18:00	SM	7	Male	Denmead Striders
22	156	Alex Priston	00:18:02	U17B	2	Male	Havant AC
23	182	Henry Piper	00:18:02	U20M	5	Male	
24	9	Evie Bramall	00:18:04	U15G	1	Female	City of Portsmouth AC
25	191	Dan Jackson	00:18:18	VM35	5	Male	
26	14	Michael Caffyn	00:18:23	SM	8	Male	Run Academy Worthing
27	105	Erin Willmers	00:18:27	VW35	2	Female	Winchester Running Club
28	176	Daniel Bailey	00:18:34	SM	9	Male	Havant AC
29	53	Eliseo La Monaca	00:18:42	U15B	2	Male	City of Portsmouth
30	50	James Keegan	00:18:47	U17M	1	Male	Havant AC
31	171	Marcus Widdess	00:18:59	SM	10	Male	University of Oxford XCountry
32	165	George Mill	00:19:02	U15B	3	Male	Andover Athletic Club
33	197	Louis Graham	00:19:10	SM	11	Male	
34	157	Richard Turner	00:19:22	VM60	1	Male	Victory AC
35	196	Dan Belben	00:19:25	VM35	6	Male	
36	185	Jim Garland	00:19:34	VM55	1	Male	Chichester Runners & AC
37	115	Dave Colwell	00:19:35	VM45	2	Male	Vegan Runners UK
38	202	Calum Bressington	00:19:39	SM	12	Male	Itchen Spitfires
39	35	Mark Hargreaves	00:19:44	VM65	1	Male	City of Portsmouth AC
40	172	Nick Onslow	00:19:56	VM50	1	Male	BMHAC
41	104	Martin Williams	00:20:04	VM60	2	Male	City of Portsmouth AC
42	23	Robert de Lacy	00:20:13	SM	13	Male	Inspire Runners Chichester
43	4	Romilly Baker	00:20:21	U13G	1	Female	City of Portsmouth AC
44	173	Marcus Wheeler	00:20:29	SM	14	Male	Basingstoke & Mid Hants AC
45	177	Dan Lytton	00:20:35	SM	15	Male	
46	189	Neil Bunday	00:20:38	VM45	3	Male	Portsmouth Joggera
47	200	MARTIN WHITE	00:20:38	VM45	4	Male	
48	181	Finnley Connis	00:20:40	U15B	4	Male	Olympia Athletics
49	198	Fergus Meenehan	00:20:41	U15B	5	Male	Olympia Athletics
50	116	Franklyn Young	00:20:41	VM60	3	Male	City of Salisbury A&RC
51	199	Rachel Muckelt	00:20:44	SW	1	Female	Denmead Striders
52	188	Emma Shaw	00:20:47	SW	2	Female	
53	22	Peter Davies	00:20:48	VM55	2	Male	
54	85	Mahmood Roostaei	00:20:51	VM50	2	Male	Havant

55	184	Austen Johnson	00:20:06	U13B	1	Male	City of Portsmouth AC
56	164	Lorenzo Moss	00:20:57	U13B	2	Male	Andover AC
57	90	Finn Smith	00:21:08	U13B	3	Male	Portsmouth athletics
58	194	Michael Porter	00:21:16	SM	16	Male	
59	201	George WHITE	00:21:24	U17M	2	Male	
60	179	Allie Baldwin	00:21:32	SW	3	Female	
61	168	RICHARD MUNRO	00:21:45	VW55	1	Female	winchester running club
62	3	Morgan Baker	00:21:49	U13B	4	Male	City of Portsmouth AC
63	100	Dale Western	00:22:10	VM50	3	Male	Havant AC
64	33	Louise Griffin	00:22:12	VW40	1	Female	Vegan Runner UK
65	94	Neil Tolfrey	00:22:25	VM55	3	Male	Portsmouth Triathletes
66	67	Kim Nelson	00:22:33	VW55	2	Female	Chichester Runners
67	72	Jacee Outen	00:22:40	U13G	2	Female	City of portsmouth ac
68	192	Tanya Baker	00:22:46	VW35	3	Female	
69	54	Kierran Lakeland	00:23:01	VM35	7	Male	Olympia Athletics
70	46	Anthony Johns	00:23:21	VM60	4	Male	Portsmouth Triathletes
71	205	Naomi Holborough	00:23:39	SW	4	Female	BMHAC
72	64	Darren Moore	00:23:40	VM55	4	Male	
73	183	Joseph Neale	00:23:46	U13G	3	Female	Olympia
74	86	Clare Ryan	00:23:51	VW45	1	Female	Denmead Striders
75	187	Sue TRUE	00:23:58	VW45	2	Female	Winchester Running Club
76	174	Philip Scrase	00:24:11	VM60	5	Male	Alton Runners
77	193	Ashleigh Axelsen	00:24:37	VW35	4	Female	
78	58	Robbie MacNab	00:24:42	VM50	4	Male	Hedge End Running Club
79	150	Felicity Simpson	00:24:51	U13G	4	Female	City of Portsmouth
80	8	Elizabeth Bilham	00:24:57	SW	5	Female	Bognor Regis Tone Zone Runners
81	180	Harriet Rowberry	00:25:11	U13G	5	Female	Olympia Athletics
82	91	Mike Smith	00:25:14	VM75	1	Male	Hardley Runners
83	55	Kristian Law	00:25:43	VM35	8	Male	
84	61	Colin McPhie	00:25:58	VM55	5	Male	Harmeny AC
85	60	Gary McCawley	00:26:01	VM55	6	Male	Denmead Striders
86	195	Elisha Tassano-Smith	00:28:25	SW	6	Female	
87	95	Clive Tucker	00:28:57	VM60	6	Male	Baffins Fit Club
88	2	Sue Baker	00:28:57	VW65	1	Female	Chichester Runners & A.C
89	204	Daniel Keates	00:30:17	SM	17	Male	BMHAC
90	7	Grace Benjamin	00:31:31	SW	7	Female	
91	27	Carolilne Freeman	00:32:07	VW55	3	Female	